### Sickids Acute Care Transport Service (ACTS)





## I have no disclosures or conflict of interest

I may have some inherent bias as medical director of a superb specialized Neo-Paediatric Transport team, SickKids ACTS







### SickKids Acute Care Transport Service (ACTS)

### Objectives

- To provide an overview of the team roles and competencies – depends on local context
- 2. To provide an introduction to the ACTS team.
- 3. To discuss the ACTS mandate and scope of practice
- 4. To review the ACTS education program and certification process.

## Standards for Transport Systems

- Ground ambulances EMS Qmentum standards
- Air Ambulances e.g. Ornge Canadian Aviation standards
- No requirements for credentialing of teams in transport
- Accreditation is voluntary
  - Hospitals
  - Transport Programs
  - Educational Programs



Guidelines for Air and Ground Transport of Neonatal and Pediatric Patients, 4th Edition, Elk Grove Village: American Academy of Pediatrics. 2016







### **Canadian Transport Teams**

### Seven categories of competencies:

- ➢ Professional Responsibilities
- ➢Communication
- ➢ Health and Safety
- ≻Assessment
  - & Diagnostics
- ➤Therapeutics
- ➢Integration
- ➤Transportation





Canadian Association of Paediatric Health Centres. Competencies profile – Interfacility critical care transport of maternal, neonatal, and paediatric patients. https://www.caphc.org/neonatalpaediatric-transport-systems. 2011



## **Team Composition and Training**

### **Depends on local context:**

Is my health care system regionalised?

Transport to higher level of care? -> emergent & urgent

Repatriations? -> elective

Population and potential volumes? -> dedicated vs. 'on-call' team

Scope restricted to neonates? +/- attendance high risk delivery Inclusive of paediatric critical care patients? —> increase volume

Demography and distances?

Air vs. Land transports? -> aeromedical physiology Health Care Professionals availability and limitations to practice? RN vs. NP/APN, RRT vs. paramedic vs. MD (consultant/fellow/resident)



## Types of Transport Teams – Critical Care

### Specialized teams are most often:

- Institution based from NICU/PICU; ad hoc or dedicated
- Regional or Provincial/State wide
- Scope or populations dictated by patient volumes
- Dedicated transport teams enhance availability, improve response -DeVries S, et al. Int.J. Emerg.Med: 4(1); 2011

### Personnel – combinations of MD, NP, RT, RN, EMT

Most common USA based neonatal teams

- RN/RT 40%
- RN/RT/NP 19%
- RN/RT/MD 16%

Karlsen et al. Pediatrics. Sept 2011



### **Neonatal Team Composition - USA**

Compositions for Unit-Based and Dedicated Teams			
Neonatal Transport	Unit-Based,	Dedicated,	
Team Composition	n (%)	n (%)	
RN-RT	92 (40.2)	47 (44.3)	
RN-RT-NNP	44 (19.2)	7 (6.6)	
NNP-RT-physician	36 (15.7)	8 (7.5)	
RN-RN	15 (6.6)	12 (11.3)	
NNP-RT	10 (4.4)	4 (3.8)	
RN-neonatologist	5 (2.2)	1 (0.9)	
RN-RN-RT	4 (1.7)	1 (0.9)	
RN-RT-EMT (basic or	3 (1.3)	_	
intermediate)			
RN-NNP	3 (1.3)	5 (4.7)	
RN-RT-paramedic	2 (0.9)	3 (2.8)	
RN-paramedic	1 (0.4)	8 (7.5)	
RN-neonatal fellow	2 (0.9)		

TABLE 1 Twelve Most Common Team

EMT (basic or intermediate) indicates emergency medical technician with basic- or intermediate-level national registration.

Based and Dedicated Teams			
Transports,	Unit-Based,	Dedicated,	
n/y	n (%)	n (%)	
<50	65 (28.4)	8 (7.5)	
51-99	59 (25.8)	10 (9.4)	
100-199	70 (30.6)	11 (10.4)	
200–399	29 (12.7)	34 (32.1)	
400599	5 (2.2)	23 (21.7)	
600-799		12 (11.3)	
800-999		4 (3.8)	
>1000		4 (3.8)	

## TADLE 0 Annual Transport Valuma for Unit

#### Karlsen et al. Pediatrics. Sept 2011

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### **Neonatal Transport Teams - USA**

- 229 (68 %) were unit-based teams in hospitals
- 106 (33 %) were dedicated teams (50% had 200-600 pts /yr.)
- Dedicated teams had higher transport volumes (and more 'air')
- 26 different NTT compositions were used
  - All had RN or NNP as member
  - RN-RRT ≈ 40%.

Karlsen, K. A. et al. National survey of neonatal transport teams in the United States. Pediatrics 128(4): 685-691. 2011



### Team Composition Models - Canada

- RN/RT
- RN/RN
- MD/RN
- RN/NP
- EMT/Paramedic



### Regardless of model – no difference in outcomes

• Critical that roles and responsibilities are clearly defined for each team member & they have a degree of cross-training

Lee, Whyte et al. Medical Care; 2002



## **SickKids** Ontario is a big place...



- 15,000,000 people
- 1.1 million sq kilometers
- 4 Transport Teams cover all neonatal transports
- 2 of the Transport Teams cover paediatrics in addition
- Ornge Air and Land Ambulance covers adult and some paediatric transport

### Acute Care Transport Service Mandate

- ACTS transports acute and critically ill neonates and children ages 0-18 yrs
- ACTS region is about 30% of Province but we transport 50% of patients.
- London, Hamilton, and Ottawa teams together transport the other 50% of patients requiring specialized team.
- Air ambulance (Ornge) supports less critical patient transfers > 5 kgs. Ornge critical care land or air service provides back up to ACTS if unavailable.





### **ACTS Transport Distances**





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ACTS require: Aeromedical physiology training Under water safety training Winter survival training







### **ACTS Transportation Modes**



93% of ACTS volumes are transported by land



## **ORNGE 'Air Ambulance' System**

### 933 paediatric transports (170 'emergent') > 5 kgs



44 Team

transports

1034 paediatric transfers (92 'emergent') 240 < 5 Kgs stable (2 ventilated)

132 Team transports

## **ACTS Scope of Services**

### Attendance at high risk deliveries

• Prematurity, multiples, antenatal diagnosis of significant anomaly

### Neonatal stabilization and transport

Under 5kg, < 28 days or 44 weeks CA</li>

### Paediatric stabilization and transport

• Up to 18<sup>th</sup> birthday

### Code Blue Team back up in hospital

### •ECLS Transport

• All ages

### Intramural Transport

• NICU patients

### International Neonatal and Paediatric Transport

• Partnership with Private Air Ambulance





### ACTS Annual Data – Consultations & Transports









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### **Call Time Received and Shift Times**



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ACTS Staffing		
Three Teams	Four Teams	
0700-1900	0700-1900	
1000-2200	0800-2000	
1900-0700	1700-0500	
	1900-0700	



### **ACTS Human Resources Required**

Teams work in pairs as all are cross trained: RN/RN or RN/RT or RT/RT

Budget 30.0 FTE (with relief) for 24/7 coverage

- Supports 4 Transport Teams; 2 day and 2 night teams
- Intramural Team on day shift: 1 ACTS & 1 trained NICU RN/RT
- Transport Coordinator; 1 day and 1 night shift 7.00; 19.00 hrs
- Ambulance crews 2 PCP operate on each of 2 ambulances
  - Separate budget provided by MOH to Toronto Paramedic Services



## Other ACTS Team Roles and Responsibilities

- Transport Staff Neonatologists (5) provide on line medical control for < 44 weeks CA x 24/7
  - dedicated neonatologists covering ACTS calls and support M-F 08.00-18.00
  - Provide 24/7 on call as medical director for ACTS
- CCM staff (3) Associate Medical Director Paediatrics; Medical liaison Cardiac ICU & PICU
  - Provide on line medical control for paediatrics x 24/7
- ACTS Transport Fellows (5) post subspecialty training in NICU, PICU or PEM
  - 24/7 back up on call for neo-paeds 0-18 yrs; variety of training roles with team
- Quality improvement /assurance 0.5 FTE ACTS
- Education specialist 0.8 FTE ACTS
- **Biomedical Engineering** 1 FTE (2 x 0.5 FTE)



### **ACTS TEAM ROLES**







## **Transport Coordinator Function**

Senior clinician, minimum 3 years on team, operates 24/7 to:

- Provide operational direction and coordination of service
- Support the clinical team to ensure excellence in patient care
- Support MDs in triaging and consultations to enhance their situational awareness regarding referral hospitals and staff
- Engage in process and systems improvements based on area of interest
- Support specific portfolios of Consistent Transport Coordinators



### **Transport Coordinator Portfolios**







# **ACTS Training Program**





### **RN & RT Recruitment**







### **Recruitment Qualities**







### **Clinical Competency and Responsibilities: ACTS**

**Transport Associate (TA)** – 1 yr contract position for RN or RT recruited after 3-5 years ICU experience. Practice under the guidance of a transport clinician and may graduate to CIT

**Clinician in Training (CIT)** practices with ACTS clinician and is in training role guided by ACTS Transport Education Program

**Transport Clinician (RN or RT)** assumes a leadership role in patient stabilization & organization of transport process.

They integrate clinical expertise with evidence-based guidelines &

utilize medical directives to provide safe, efficient medical management and care during transport stabilization and transfer



### **ACTS Training and Certification**



Merriam, S. B. Adult Learning: Linking Theory and Practice, John Wiley and Sons Inc. 2014



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### **Education Programs - Key Foundation**

COMPETENCIES CATERGORIES, CORE TRANSPORT CRITICAL CARE CURRICULUM & MULTI MODAL EVALUATION

MEDICAL DIRECTIVES & CLINICAL PRACTICE GUIDELINES

CORE TECHNICAL SKILLS & EQUIPMENT OPERATIONAL SKILLS



## **Expanded Roles - RN and RT**

- A: airway Management: intubations
- B: ventilation Management: invasive and non-invasive
- C: vascular access Umbilical Lines UVC/UAC; PAL; Intraosseous; PICC
- D: Drains Thoracocentesis & Chest drains, Peritoneal
- E: Evaluations -X-Ray & Lab values Interpretation,
- Training all competency based assessments



### SickKids ACTS Curriculum



#### Airway & Respiratory Management

- Intubation, LMA, NG insertion
- CPAP, BiPAP, HFNC, IMV, iNO
- Surfactant Administration
- Chest Tube Insertion/Needle
   thoracocentesis

#### •Cardiovascular

• ECG, Central Lines/IO, Defibrillation, Pacing

#### •Neurological

- Cooling
- Head Injury Management

#### •All medications & Blood Products

- •Trauma Care
- Aeromedical Medicine

#### •Lifting Techniques

Aircraft safety and emergency preparedness



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### **ACTS Transport Associate Program**

#### Core Clinical Certification(s)

- 1. NRP Neonatal Resuscitation Program
- 2. BLS Basic Life Support
- 3. PALS & Paeds TLS
- 4. Underwater survival training
- 5. Winter survival training
- 6. STABLE Program is an asset

#### **Equipment Certification(s)**

- 1. Neonatal Deck Configuration/Transport ventilator(s) & Neonatal Intramural Deck Configuration- Competency Based Assessment(s) (CBA)
- 2. Inhaled Nitric Oxide e tutorial/CBA indications, analyzer & circuit delivery
- 3. Transport Hamilton T1<sup>®</sup> ventilator e tutorial/CBA
- 4. BBraun<sup>®</sup>IV pump CBA
- 5. Point of Care Testing: I-stat<sup>®</sup> & glucose meter I learn module
- 6. Capnography I learn module
- 7. Zoll<sup>®</sup> patient monitor e tutorial /CBA
- 8. Defibrillator e tutorial/CBA

#### **Core Clinical & Technical Skills**

- 1. Vascular & Arterial Access & Sampling: peripheral intravenous insertion, umbilical venous and umbilical arterial insertion, intraosseous needle insertion, peripheral arterial sampling/puncture, capillary blood sampling, SQ port access
- 2. OG/NGT insertion, urinary catheter insertion, invasive temperature
- 3. Airway Management: positioning, suctioning/patency, oxygen/air administration, nasal prong-low/high flow delivery, aerosolized mask administration, bag mask ventilation/CPAP, oropharyngeal/nasopharyngeal airway insertion, supraglottic airway insertion.
- 4. Non –invasive & invasive ventilation with treatment modalities
- 5. Needle thoracentesis
- 6. Neonatal therapeutic hypothermia
- 7. Blood product administration
- 8. Medication administration.
- 9. C-spine precautions & motion restriction
- 10. Aero-medical physiology, & transport safety training
- 11. Ground & air transportation patient preparation
- 12. Personnel safety



### **ACTS Neonatal Transport Equipment**







### **ACTS Paediatric Equipment**





### **ACTS ECMO Transport System**



100 March

## **Communication Tools**

### SBAR(R): The Basics



#### Situation: the problem

What is going on with the patient?

Background: brief, related, to the point What is the clinical background or context?

Assessment: what you found AND what you think What do I think the problem is?

Recommendation: what you want What do you need to do your job effectively and safely?

#### Readback: receiver acknowledges information given

Is the summary of the issues/plan consistent with points above?

### SBAR(R) – Important Elements

#### **Critical Language:**

Key phrases understood by <u>all</u> to mean "stop and listen to me – we have a potential problem"

United Airlines "CUUS" program: I'm Concerned I'm Uncomfortable This is Unsafe I'm Scared

Use these words in order, to escalate your expression of concern if you feel the message hasn't gotten across

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Stop and make sure you are all on the same page!



### **Receiving and Providing Feedback**

- Feedback is an essential element of the ACTS Team
- Feedback is a gift to our success
- Ability to give and receive feedback is critically important
- There are many models to give and receive feedback
  - We can provide you with additional resources



## **GROW Model of Coaching**

#### • G – Goal

- What do you want to achieve?
- End goal or performance goal?
- Timeframe
- How will you know you have succeeded?

#### • R – Reality

- What is happening now?
- Who is involved
- What have you done about this so far?

#### • O – Options/Obstacles

- What options do you have?
- What else could you do?
- Would you like another suggestion?
- W-Will
  - What are you going to do?
  - When are you going to do it?
  - What support do you need?
  - What is your commitment level?



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## Progression Through the TA Program

- Written Exam
  - Date to be determined and communicated by ACTS educator (after 3-4 months)
- Progress review every three months with manager, educator, medical director, mentor
  - Dates and times to be arranged by educator
- Evaluations to complete (educator will elaborate)
- No surprises



## CLINICIAN EDUCATION PROGRAM OVERVIEW

Professional Education: BLS, PALS, NRP Pediatric TLS Central Education: Sick Kids Sedation Course ECG Courses Child Maltreatment Course Preceptor Course Clinical Training: Transport, OR, Vascular Access Transport Clinician Education Program

(9 - 12 months)

Curricular Themes: Transport Operations & Equipment Transport Safety Communication, Crisis Resource Management Resuscitation & Stabilization Pediatric Practice Neonatal Practice High Risk Maternal Care

> Modes of Inquiry: Evidence Based Practice

Reflective Practice

Methods of Delivery: Classroom education sessions E tutorials Independent learning modules Case based learning Simulation Experiential learning Integrative learning

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### **Core Technical Advanced Skills**





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## Intubation - Video Laryngoscope

- Designed for use during land and air transport
- Acute/high risk nature of intubation
- C-MAC Pocket Monitor











### **Other Technical Skills**



- Vascular access
- Chest Tube Insertion
- Emergency Procedures
- Peritoneal drain
- Surgical airway









## ACTS TRANSPORT COMPETENCIES

- ✓ Professional Responsibilities
- ✓ Communication
- ✓ Therapeutics
- ✓ Health & Safety
- ✓Assessment & Diagnostics
- ✓Integration
- ✓ Transportation







## Quality and Process Improvement

The patient must come first and be at the center of our decisionmaking efforts

Quality/Safety/Risk Program

- Daily Run Reviews
- Monthly Quality Reports
  - Trends
  - Critical Incidents
- Morbidity and Mortality Review
- Structured Debrief Process

### The goals of Quality Management:

- Optimize patient safety and quality
- Ensure a safe environment
- Continuous quality
   improvement
- Service excellence for patients and families.





















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## **Team Composition**

Composition Support Functions	Purpose
Logistics	<ul> <li>Moving the team from destinations</li> <li>Retrieving equipment</li> <li>Arranging special transport <ul> <li>ECMO</li> <li>Mothers in labor</li> <li>Land/flight</li> </ul> </li> <li>Supply chain and replenishment</li> </ul>
Biomedical Support	<ul><li>Equipment design and innovation</li><li>Equipment maintenance</li></ul>
Communications	<ul> <li>Provide on-line medical control</li> <li>Assist with team safety</li> <li>Dispatch and control of team movement</li> </ul>
Management	<ul> <li>Team strategy oversight</li> <li>Financial management</li> <li>Human resource functions</li> <li>Stakeholder relations and partnerships</li> </ul>





### **Team Composition**

Composition Direct Care	Purpose
Physicians	<ul> <li>Medical Director and Transport Physicians</li> <li>Provide medical oversight and decision making</li> <li>Training and outreach education</li> <li>Quality review and improvement</li> <li>Leadership</li> </ul>
Team Members	<ul> <li>Patient care</li> <li>Outreach education</li> <li>Quality review and improvement</li> <li>Hospital resource</li> </ul>



## **Downtime at Hospital**

- Assist NICU/PICU/CCCU with tasks/skill acquisition
- Self-directed learning -Shared drive files- TEAMS
- iLearn modules mandatory P & P
- Transport Credits CME
- Projects QI and Research
- Daily transport rounds/summaries -> feedback
  - Paediatric Rounds Thursdays
- Daily NICU & Critical Care Rounds attendance
- Run reviews with peers and MDs
- Structured Debriefs
- Equipment and supplies maintenance twice daily checks



Professional Education: NRP PALS BLS Pediatric TLS\* Central Education: I learn modules e.g. sedation

**Transport Associate Program- built on** defined clinical competencies

Curricular Themes: **Transport Operations/Equipment Communication, Crisis Resource** Management **Resuscitation & Stabilization Pediatric Practice Neonatal Practice** 

> Modes of Inquiry: **Evidence Based Practice Reflective Practice**

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Methods of Delivery: Education sessions Case based learning Simulation Experiential learning Integrative learning

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### **ACTS Medical Directives**

#### **Examples of medical directives:**

- Initiating an order to perform a procedure
- Initiating an order for airway management, mechanical or assisted ventilation
- Initiating an order for a diagnostic imaging examination
- Initiating an order for muscle relaxation for intubation and procedural topical anesthesia and non-pharmacological analgesia
- Initiating an order for emergency drugs for cardiopulmonary resuscitation
- Initiating an order for prophylactic treatment to newborns at delivery
- Initiating an order for intravenous therapy
- Initiating an order for surfactant and the treatment of respiratory distress syndrome
- Initiating an order for volume expanders for hypovolemia
- Initiating an order for investigations; interpreting and/or communicating results
- Initiating an order for antibiotics at risk for/or suspected sepsis



### ACTS Clinicians in Training

#### **Education Hours**

- Orientation: integrated over duration of program didactic, case based learning
- Simulations. Total of 100 hours
- **Course certifications**: e.g. neonatal & pediatric sedation & ECG course, infant and child maltreatment course.

#### Knowledge Acquisition (0-3 months)

- Joint Orientation (Neonatal & Pediatric didactic sessions)
- Self-Directed learning modules: Program Materials provided (access to iShare, Dropbox, TEAMS)
- Resource reading
- Preceptor(s) identified -> first partnership begins
- Clinical placement starts, advanced skills education day(s) & skills OSCE session, clinicial education placements
- Needs assessment completed
- Develop learning plan
- Review Training progress assessment tool, certifications evaluation tool, Competencies
- Hours for independent learning activities: e.g. academic rounds, learning packages

#### **Clinical Hours**

- OR rotation: 24 hours
- Labour/Delivery rotation: 36 hours
- ED rotation: 72 hours
- PICU/CCCU or NICU rotation: 72 hours
- PICU/CCCU MD shadow shifts: 36 hours
- NICU NNP mentor shifts: 36 hours -> Total: 278 hours (adjusted based on needs)
- Transport clinical preceptorship: 9 months (1440 hours)

#### **Evaluation**

- Clinical evaluation by preceptors during training phases, assessments by educator
   & medical director/delegate
- Call back evaluations: monthly case reviews with physician(s),
- 2 written exams,
- advanced procedure/skills OSCEs
- High fidelity patient simulation OSCEs (on average 4 simulation cases)
- Field certification (on average 6 physician/educator observed transport retrievals)

#### Courtesy of Annette Martens, RN MScN: ACTS Educator



